

Exercise #5: The Spider

7 Great Warm-ups

by Ben Lindholm

...and so on.

1



2



TAB

1 2 3 4 1 2 3 4 2 3 4 5 2 3 4 5

3 4 5 6 3 4 5 6 4 5 6 7 4 5 6 7

...and so on.

3



4



1 2 3 4 1 2 3 4 2 3 4 5 2 3 4 5

3 4 5 6 3 4 5 6 4 5 6 7 4 5 6 7

...and so on.

5



6



1 2 3 4 1 2 3 4 2 3 4 5 2 3 4 5

3 4 5 6 3 4 5 6 4 5 6 7 4 5 6 7

Backwards

...and so on.

7



8



4 3 2 1 4 3 2 1 5 4 3 2 6 5 4 3 7 6 5 4

6 5 4 3 6 5 4 3 7 6 5 4 6 5 4 3



Warm-up 5: The Spider 1

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